

Majors Soccer Rules (3rd-5th Grade)



General Game Rules

1. All players are in 3rd-5th grade in the fall.
2. Field Size is 47 yards x 30 yards.
3. All games will be played using the 18-1/2' wide goals.
4. Seven players from each team will be allowed on the field at a time. A minimum of five players will be needed to start a game.
5. Each team will play with 2 defenders, 2 midfielders, 2 forwards & a goalie in each game. Goalies must wear the bright green pinney while playing goalie.
6. Games will consist of two 25 minute halves each with a continuous clock. There will not be an overtime if teams are tied at the end of the 2nd half. There will be a 5 minute break in-between each Half. The clock will only stop in the event of an injury. The clock will also stop at a dead ball near the middle of each half to allow for substitutions.
7. All games will be played with a size 4 soccer ball.
8. The team listed first on the schedule will kick off the 1st half of each game; the team listed second on the schedule will kickoff the 2nd half of each game.
9. Teams will switch goals at halftime.
10. The team listed 2nd on the schedule will be the home team and will choose which direction they would like to play offense towards in the first half.

Playing Time

1. Each player will be required to play a minimum of half the game.
2. Substitutions will be allowed at a dead ball close to the middle mark in each period and the completion of each period.
3. No player will sit 2 periods in a row.
4. Players must play a minimum of two different positions in each game. (Positions are Forward, Midfield, Defense, and Goalie)

Penalties/Out of Bounds

1. A ball must be completely over the sideline or end line to be considered out of bounds. A ball that goes out of bounds over the sideline will result in a throw in by the team that did not touch the ball last prior to going out of bounds. The throw in must be taken from the location that the ball went over the sideline. A legal throw in will consist of a player keeping both feet on the ground and with two hands throwing the ball from directly over the top of their head.
2. A ball that goes out of bounds over the end line will result in either a goal kick or a corner kick. If the defensive team kicks the ball out of bounds over their own end line the ball will be placed in the corner of the field where the sideline meets the end line. The offensive team will then kick the ball in play to resume play. A ball that goes out of bounds over the end line by the offensive team the ball will be placed on the corner of the goal box. The defensive team will then kick the ball in to resume play.
3. Players MUST stay on their feet at all times. Slide tackling will result in an indirect free kick by the opposing team.
4. Players may not use their hands when the ball is in play. If a player uses their hands or any part of their arms the opposing team will receive an indirect free kick from the spot of the penalty.
5. Pushing and shoving is not allowed. If a player pushes or shoves another player the opposing team will receive an indirect free kick from the spot of the penalty.
6. If a penalty occurs by the defensive team in their own goal box, the offensive team will receive a direct free kick (penalty kick) without a goalie. This kick will take place from the end of the goal box. The players currently in the game from both teams that are not making the kick will line up along the end of the goal box. The ball will be considered live once it is touched by the player taking the penalty kick.
7. There IS a penalty for offsides.